Risk Management & Insurance



Benefit News

Reminder: No Plan Changes to Dental and Vision coverages in 2021

The two Dental plans did not change in 2021. If you didn't change your enrollment, then the plans remain the same as last year. Visit <u>pcsb.org/Dental</u> for more information.

- o Humana Advantage Dental (Only new participants received cards)
- MetLife Dental (MetLife Dental does not issue cards)

Vision: There were no changes to the Vision plan for 2021. Visit <u>pcsb.org/Vision</u> for more information.

o EyeMed Vision: (Only new participants received cards)

Employee Assistance Program: Organize Your Life

Why get organized? Organized people save money and time, have lower stress and frustration levels, and are more productive. Some people are naturally organized, but most are not. This <u>worksheet</u> provides tips and techniques to help you get organized.

Wellness News

Wear RED Day is Next Friday, February 5

Join thousands of others across our country by wearing **red** on 2/5/2021 to raise awareness about heart disease and help save lives! Visit <u>GoRedForWomen.org</u> to learn more.

2021 Spring Wellness Webinars

Throughout the spring semester there will be a variety of different wellness webinars including nutrition, EAP, Financial Webinars, Yoga classes and more! Employees must register for these webinars. Full list of webinars and details can be found on <u>Wellness District Campaigns</u>.

<u>Upcoming webinars</u> 2/4 5:30pm – *Guided Meditation:* Yoga Nidra - <u>Register</u> 2/9 5:00pm – *Heart Healthy Foods: Nutrition* - <u>Register</u> 2/11 12:00pm – *Choosing Your New Normal: EAP* – <u>Register</u>

Aetna Health Promise Wrap Up

Congratulations to all the Aetna Health Promise participants who earned enough credits in 2020 to receive the wellness incentive! You can expect to receive the one-time incentive on your paycheck either on February 12, 2021 or February 19, 2021.

All 2020 credits must be rectified by February 26, 2021

Be sure to check your wellness credits on your Aetna.com account. If you are missing any credits, please report them to Jessica O'Connell <u>pcs.oconnellj@pcsb.org</u> or Gina DeOrsey <u>pcs.deorseyg@pcsb.org</u> by 2/26/2021.

Please note, if 2020 wellness credits were awarded to your Aetna.com account after January 15, 2021 you may receive the one-time payout in March or April of 2021. For directions of how to check your credits and details of the program, please visit <u>pcsb.org/wellness</u>.

Employee Discounts

Pinellas County Schools Main Discount Page

- <u>PerkSpot:</u> travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
 New! <u>PerkSpot Browser Extension</u> Never miss a deal!
- <u>Tickets at Work:</u> exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- <u>Amalie Arena and Yuengling Center upcoming events</u> Please note, Amalie Arena is not allowing fans at this time due to Covid-19. Tickets will remain on sale for future events and costumers will be contacted for any changes to their events.